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Prepper's Instruction Manual: 50 Steps To Prepare For Any Disaster



Synopsis

If your community was hit with a major disaster, such as an Ebola outbreak, earthquake, flood, hurricane, or radiological accident, would you be prepared? Would you be forced to fall into line with hundreds of thousands of others who are so woefully unprepared? Or do you possess the knowledge and supplies to adapt and survive? Do you have a carefully stocked pantry, a method to retrieve and purify water, a source for generating electricity, and the means to protect your family from desperate criminals? In short, are you a prepper? This book contains fifty of the most important steps that individuals and families can take to prepare for a wide range of disasters. Each step is complete, clearly described, and actionable. Together, they cover every aspect of disaster preparedness, including assessing the threats, making a plan, storing food, shoring up your home, administering first aid, creating a safe room, gathering important papers, learning to shoot, generating electricity, keeping warm, and much more. Recent events have reminded us that our world is a dangerous place, whether it is a terrorist state, a deadly tsunami, a nuclear disaster, a massive blizzard, or a financial collapse. Our lifestyle, and even our very existence, is forever uncertain. Join the quickly growing community of individuals and families determined to stand ready. Become a prepper! For more information on Dr. Bradley's books and to sign up for his free Practical Prepper Newsletter, see disasterpreparer.com. Also, if interested in an exciting post-apocalyptic series that follows a US Marshal after a global pandemic, check out *The Survivalist* (Frontier Justice).

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Customer Reviews

There are quite a few manuals, handbooks, or general overview types of materials when it comes to prepping and survival topics, but this book stands out from the pack because it manages to go both broad and deeper than most. I read this book on my kindle, but the print version comes in at 270 pages long, so this is no short and sweet pamphlet. What impressed me the most about this book is the amount of practical and helpful information found in each section of this book. While the sections aren't exceptionally long, the author manages to get the most important and basic information into each section so that the reader both understands the need and reasoning for that step and has some direction and specific actions that he or she can take immediately. From Faraday cages to hardening your home and radiation safeguards to prepping your pets, this book surprised me with its depth! The "steps" are in alphabetical order rather than in any practical order of importance. It seems slightly amusing that becoming a ham is 30 "steps" before putting your financial house in order. Feel free to pick and choose the steps you read first. Thankfully, the book is well formatted for the kindle with the ability to quickly switch between chapters/steps and access the linked Table of Contents. This is essential in a reference book, especially one that is organized alphabetically rather than for flow. This book is highly recommended for:

- Beginner preppers who want an overview before they start
- Anyone looking for a poignant overview of a number of areas of prepping
- Intermediate and Advanced Preppers who want to fill out their prepping library

If you enjoy reading about survival and prepping, I also recommend [Ultralight Survival: Make a Small and Light Bug Out Bag That Could Save Your Life](#) for specific advice on creating the lightest and most efficient bug-out-bag possible. If you enjoy reading about personal security and tactics, I also recommend [Tactical Bible Stories: Personal Security Tips from the Bible](#) for advice specifically for keeping you and your family safe in dangerous times.

As a woman living basically alone (I have a renter), I have not wanted to deal with this issue. But, then some things happened and I was left with empty cupboards, freezer, and refrigerator. I had always had a well stocked pantry. Suddenly I felt vulnerable. Combine that with a friend that is a

prepper and I felt it was time to be more conscious about my well being. I love the short, well written chapters with a practical disaster scenario, solutions, lists, pictures and a place for notes. This format helps me not to become overwhelmed. My biggest challenge is understanding, for example, how my solar powered generator will hook up to a 12V battery and what it can run and for how long. It is Greek to me but that is not the author's fault. Being prepared is so much more than having a stocked pantry. This book breaks down 50 steps that I can manage and prioritize as I feel necessary, and as I have the funds. The best way for me to not fear (or deny) the possibility of a disaster is to be prepared. Without this book, I wouldn't really know where to start.

I started out with Bradley's Handbook to practical disaster preparedness for the family 2nd addition. Great book very in-depth for both new preppers and experienced alike. I still don't have it back yet as the list of friends who want to borrow it are Long!! As for this book, it is Great! It has new items, is user friendly and is also very in-depth without making you feel overloaded with information. You can do basic prepping to start or go all out and be totally prepared. It's more than just go bag, roadside, and first aid kits lists, it covers a lot of topics such as Faraday cages, establishing a network, disaster resources, radiation & even CERT training and a lot more. The lists that are included are very good and above your basic prepper lists. For me the two books go hand and hand together. I would also add the Urban survival guide by David Morris as it helps you with maps and ways to get out of the city if needed. I've read a lot of these kind of books, I find them interesting and some very informative. These are great reference books, not so much zombie attacks and doomsday prepping, which are fine to. These books will definitely get you thinking if watching the news has not. It's funny how people laugh sometimes about being so prepared, until they need something you have that is! Which has happened surprisingly often, whether due to not having water with them or tools or a decent first aid kit. I had a hard time putting this book down. It's such a great guide, I'm using it to over haul my kits. Just remember the tv interviews with people who lost everything after a disaster...first pack your irreplaceable items like photo albums, special momento's etc, as everything else you can buy again. When you make your packs, think that once you're gone from your home nothing will be left when you return then you will have packed the truly most important gear in your life. p.s. don't forget your PETS!!!!Happy reading....you'll really like this book.

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